

FLY LIKE AN EAGLE

Troop 499 Trail To Eagle Workbook

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What Does it Mean To Be An Eagle Scout

In Scouting the eagle stands for strength of character, and for knowledge of all phases of Scouting. The eagle represents an understanding of community and nation, and a deep respect for same. The eagle is a symbol of what a young man has done as well as what that young man will do, and will be, when he grows to manhood. The eagle is a leader. The eagle is respected, both by his peers and by his adult leaders.

***Making Eagle is Not the Goal of Scouting ... it is the highest honor for a scout
Only 5% of boys who join Scouting will qualify for the high rank of Eagle ... Will it be you?.***

What Does it Take

Eagle Scout is not a patch, an award or certificate to hang on the wall. It is a way to live your life. Although the trail to Eagle is hard work and fun; it is much more. The Eagle rank is an education. Each rank is a chapter. The conclusion is that by earning the Eagle rank the individual has the tools to be a responsible consciences citizen who would gladly advance the group before the individual.

Who Has Made the Journey

- US President: Gerald Ford
- Congressmen/Senators: Lugar, Nunn, Dannemeyer, Pickle ...
- Mayor/Governors: Bloomberg, Dukakis, Perry
- Leaders of Industry: Gates, Perot, Condit, Marriott
- Athletes: Bradley, Banks
- 33 of 108 Astronauts ... 2 walked on the moon
- Entertainment: Spielberg, Meyer, Tesh

Eagle Pin = \$10.99 ... Earning the rank of Eagle – PRICELESS!

Eagle Scout Requirements

(To Advance from the Rank of Life to Eagle)

1. Be active in your troop and patrol for at least 6 months as a Life Scout.
2. Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life. List the names of individuals who know you personally and would be willing to provide a recommendation on your behalf, including parents/guardians, religious, educational, and employer references.
3. Earn a total of 21 merit badges (10 more than you already have), including the following:
 - a. [First Aid](#)
 - b. [Citizenship in the Community](#)
 - c. [Citizenship in the Nation](#)
 - d. [Citizenship in the World](#)
 - e. [Communications](#)
 - f. [Personal Fitness](#)
 - g. [Emergency Preparedness](#) OR [Lifesaving](#)*
 - h. [Environmental Science](#)
 - i. [Personal Management](#)
 - j. [Swimming](#) OR [Hiking](#) OR [Cycling](#) *
 - k. [Camping](#), and
 - l. [Family Life](#)

* You must choose only one merit badge listed in items (g) and (j). If you have earned more than one of the badges listed in items (g) and (j), choose one and list the remaining badges to make your total of 21.
4. While a Life Scout, serve actively for a period of 6 months in one or more of the following positions of responsibility (Boy Scout troop):

— Patrol Leader	— Librarian
— Assistant Senior Patrol Leader	— Historian
— Senior Patrol Leader	— Quartermaster
— Troop Guide	— Junior Assistant Scoutmaster
— Order Of The Arrow Troop Representative	— Chaplain Aide
— Den Chief	— Instructor
— Scribe	
5. While a Life Scout, plan, develop, and give leadership to others in a [service project](#) helpful to any religious institution, school, or community. (The project should benefit an organization other than Boy Scouting.) The project idea must be approved by the organization benefiting from the effort, your Scoutmaster and troop committee and the council or district before you start. You must use the [Eagle Scout Leadership Service Project Workbook](#), BSA publication No. 18-927, in meeting this requirement.
6. Take part in a Scoutmaster conference.
7. Successfully complete an Eagle Scout board of review.

Note: All requirements must be completed before a candidate's 18th birthday, however the Eagle Scout board of review can be held after the candidate's 18th birthday. For more information, see *Advancement Committee Policies & Procedures*, publication No. 33088.

Managing Your Documentation

- Keys to Documenting Your Scouting Journey
- Required Paperwork
 - The Eagle Rank Application
 - Letters of Recommendation
 - The Service Project Final Report
 - Statement of Life Purpose & Ambition

Keys to Documenting Your Scouting Journey

- Start NOW ... Don't Wait Until You are Ready to Advance From Life
- Use a Binder So You can Insert Pages
- Keep An Accurate Calendar of your Scouting Journey:
 - ✓ Outdoor Activities: Camping, Hiking, Summer Camp, etc.
 - ✓ Merit Badges Dates
 - ✓ Service Projects
 - ✓ Other Scouting Activities
- Plastic Trading Card Holders for Your Merit Badge Cards & Blue cards
- Plastic Sheets for Honors and Awards – Letters of comendation
- Final Chapter: Your Eagle Project

Even If You Do Not Go On To Eagle, You Will Benefit From
Documenting Your Scouting Journey

The Eagle Rank Application

Required Documents:

- 2 Pages Application – Supplemented with Your Eagle Book
- 4 Letters of Recommendation:
 - Select 4 People From Different Areas: Teacher, Employer, Coach, Clergy
 - Give Selected People Plenty of Time to Fill out the Recommendation Form
- Eagle Project Final Report
- Statement of Life Purpose and Ambitions

**Quality Counts!
A Scout is “Clean” ... Neatness is Important)**

Statement of Life Purpose & Ambitions: What To Include

- Keep it simple and accurate
- Tell members of your board of review what you do outside Scouting.
- Describe how your scouting experience has spread to other areas of their life.
- An Eagle Scout has a very positive self image ... Don't be shy about bragging! List it all!
- List all the various awards and honors you've achieved along the way.
 - ✓ medal, plaque, or certificate
 - ✓ a letter from a principal or volunteer organization recognizing your contributions
 - ✓ a newspaper article (photo) mentioning you.
 - ✓ If it made you feel honored, it counts!
- Don't forget the sport teams you participated in and any awards (varsity letter) you received.
- Talk about your plans for the future:
 - ✓ what do you want to be when you grow up
 - ✓ What are your immediate plans after high school – work, college, military? Etc.
- Give the board a flavor of who you are and where you want to go.

Your Eagle Project

1. Selecting A Project
2. Project Documentation
3. Getting Approvals
4. Project Planning & Execution
5. Final Report

Eagle Project: Selecting A Project

Requirement 5 -- **While a Life Scout**, plan, develop, and give leadership to others in a service **project helpful to any religious institution, any school, or your community** (non-profit)

Dos

- Consult with local Scouting leadership, starting with your unit, while selecting a project
- Choose a project you will be proud of for the rest of your life
- Do a project that really stretches you
- Start documenting from day one (you will use this info for your final report)
- Keep a log of the hours you put into your search for a project
- Keep a log of notes regarding your search, including names of people you work with

Donts

- Begin the project prior to achieving Life Rank or ending after your Eagle Board of Review
- Work on your project (other than planning) prior to getting ALL approvals
- Select a project which benefits or involves any of the following:
 - Boy Scouts of America (incl. troop or council property)
 - Another Scout using the same project for his Eagle project (only one Scout gets credit)
 - Routine labor normally done by volunteers
 - For profit-making organizations. For example:
 - Painting the clubhouse for the HOA)
 - Installing curb reflectors in a store's parking lot
 - Doing landscaping for a local business

See Examples in Appendix

Eagle Project: Documentation

Initial Project Write-up

1. Project Description
2. Who Will Benefit
3. Project Details:
 - Present Condition
 - Plans/Drawings/Designs
 - Materials
 - Tools
 - Supplies
 - Schedule
 - Step-by-step instructions
 - Financial plan
 - Written /Printed Information
 - Helpers/Workers
 - Adult Supervision
 - Work Site
 - Transportation

During The Project

Capture project information as the project progress ...

DO NOT wait until the end:

1. Tables, Charts, Diagrams
2. Time Logs -- list the people that worked on your project, when and how long they worked
3. Tools and Equipment
4. Expenses, Money Received, Goods and Services
5. Diagrams and drawings
6. Photographs (TAKE LOTS OF PHOTOS!)

You can never keep too much information while you are doing your project ...

- Document Everything
- Recycle what you don't need

Final Write-up

Describe what actually happened as you carried out the plan.

1. What was done
2. Lessons learned
3. Historic record.

Using the project plan as guide:

1. How you deviated from the plan.
2. Compare results versus the plan:
 - materials (too much/little)
 - costs
 - tools used
 - anything else of interest.
3. A record of all the time worked by volunteers (names, dates, hours, tasks)
4. How you were able to lead the volunteers. Did you have any problem with getting them to volunteer, to stay focused, etc.? What did you learn?
5. Include representative photographs of the finished product

Consult with your project advisor often as you are completing the report.

The Eagle Board of Review Process

When ALL Requirements For the Rank of Eagle Have Been Completed:

1. The candidate submits his Eagle Rank Application and Eagle Book To Troop Advancement Chairperson
2. The Troop Advancement Chair reviews for completeness & submits all paperwork to the local Council*
3. A member of the Council reviews & signs the application ... this starts the Board of Review Process
4. The application, service project report, and reference checks are given to chairperson of the Eagle board of review so that a board of review may be scheduled.
5. The board is composed of at least three but not more than six members.
6. At the Review, the candidate's unit leader introduces him to the members of the board of review. The unit leader may remain in the room, but does not participate in the board of review. In no case should a relative or guardian of the candidate attend the review, even as a unit leader.
7. There is no set of questions that an Eagle candidate should be asked. However, the board should be assured of the candidate's participation in and understanding of the program.
8. After the review, the candidate (Unit Leader) leaves the room while the board members discuss the acceptability of the candidate as an Eagle Scout. The decision must be unanimous.
9. If the candidate meets the requirements, he is asked to return and is informed that he will receive the board's recommendation for the Eagle Award.
10. The Board can deny an application. If the candidate is found unacceptable, he is asked to return and told the reasons for his failure to qualify. A discussion should be held with him as to how he may meet the requirements within a given period. Should the applicant disagree with the decision, the appeal procedures should be explained to him.
11. Immediately after the board of review and after the application has been appropriately signed, the application, the service project report, reference checks, and a properly completed Advancement Report are forwarded to the council service center.

*Paperwork may be submitted after the applicants 18th birthday, but ALL requirements must be completed prior to the 18th birthday

Preparing For The Board of Review

If you have completed ALL of the requirements for the rank of Eagle, you are already prepared for your Board of Review.

- RELAX - The review is not an examination; the board does not test the candidate
- The goal of the Board is to determine the Scout's attitude and his acceptance of Scouting's ideals. Be Prepared to discuss how Scouting has impacted your life – at home, school, church, community
- You should know the Scout Oath and Scout Law and be prepared to discuss how you demonstrates them in his daily life
- You may be asked questions about your Eagle project ... lessons learned etc. not costs, hours or other details. Review your final write-up. Be sure to demonstrate how proud you are of the work you lead.
- Be yourself!

ENJOY/REMEMBER THE MOMENT

This is one of the most important events in your young life

Plan Your Celebration

Troop 499 Eagle Scout Court of Honor Work Sheet for Eagle Scout

Date _____ Time _____

Location _____

Greeting & seating by ushers. Please chose at least 3 boys

Call to Order (SPL _____)

Opening Flag Ceremony (Color Guard)

Pick a Color Guard _____

Invocation Troop Chaplain Aid or speaker of Scouts choice _____

Trail to Eagle: Pick 6 boys to represent the different ranks

Re-dedication of Eagle candidate to Scout Oath & Law

Speakers: _____

Scout Challenge (Committee Chair or _____) (incl. all other Eagles present)

The Eagle Scout Charge (Committee Chair or _____)

Award Presentation (Eagle Scout & parents)

Acceptance & Recognition (Eagle Scout & SM)

Closing Flag Ceremony (Color Guard)
(w/Scout Benediction)

- Coordinate event of Eagle Court of Honor Chairperson (Bertha Ramirez '08/'09)
- Planning Takes 6-8 weeks: Invitations, facilities, etc.
- Confirm Date/Time with all participants:
 - ✓ Clergy
 - ✓ Scouts
 - ✓ Relatives
 - ✓ Others
 - ✓ Troop Leaders
- Personalize The Event: Speakers, etc.
- Take plenty of photos
- Post-COH Reception is optional – Food, etc.

On-Line Resources

- <http://www.eaglescout.org/index.htm>
(Considered the definitive source of information to assist scouts on the road to Eagle)
- [http://en.wikipedia.org/wiki/Eagle_Scout_\(Boy_Scouts_of_America\)](http://en.wikipedia.org/wiki/Eagle_Scout_(Boy_Scouts_of_America))
(Provides a comprehensive history of Eagle Scouts)
- <http://www.scouting.org/media/factsheets/02-516.aspx>
(Alternative site for Eagle history and facts)
- <http://www.nesa.org/>
(The National Eagle Scout Association – Fellowship of Scouts who have attained the rank of Eagle)

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(w/ Scout Benediction)

Sample Court of Honor Worksheet

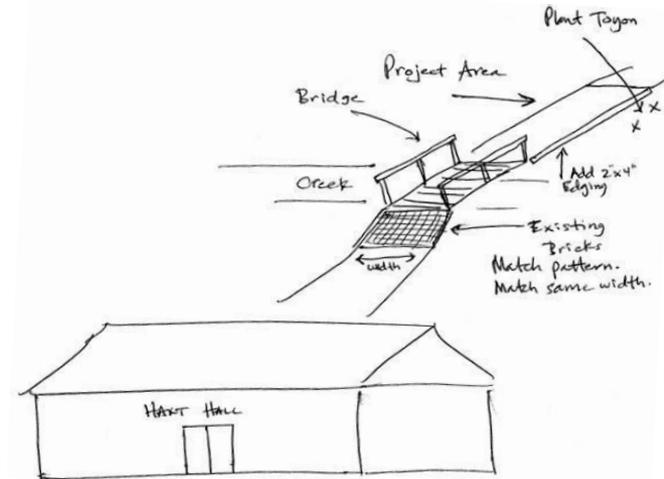
- Coordinate event of Eagle Court of Honor Chairperson (Bertha Ramirez '08/'09)
- Confirm with all participants:
 - ✓ Clergy
 - ✓ Scouts
 - ✓ Relatives
 - ✓ Others
 - ✓ Troop Leaders
- Personalize The Event: Speakers, etc.
- Take plenty of photos

APPENDIX

Sample Project Summaries

Project Description

For my Eagle project, I'm going to make a brick walkway behind William S. Hart Park's new building. I will replicate the brick path before the bridge and extend the path on the opposite side by 20 feet. I will also plant two toyon plants.



What group will benefit from the project?

My project is beneficial for William S. Hart Park because the dirt path that they currently have becomes flooded and washes the sand onto the bridge. They need to put sand bags on the bridge in order to keep the bridge clean. The bricks that I am placing will fix this problem because the bricks will keep the dirt and sand off the bridge. The park will look cleaner and neater which will be safer for the visitors and their kids.

Name of religious institution, school, or community, Street Address & Telephone No.

William S. Hart Park
24151 N. San Fernando Road , Newhall CA 91321
(661) 259-0855

Sample “About Me”

Zack Smith

My name is Zack Smith. I was born and raised in Valencia. I started scouting as a Tiger Cub when I was in first grade. My journey from Tiger Cub to Eagle Scout has taught me numerous values and morals. Through my years as a scout, I have learned everything from knots, first-aid, money management, and small-boat sailing. Scouting has introduced me to situations that very few kids are able to experience. I have hiked up a 2,800 ft elevation to 9,400 ft at Mt. Baden Powell; gone white water rafting at Camp Whitsett; and war canoeing at Camp Emerald Bay.

During my time as a Boy Scout, I have built life long friends, virtues, and hopefully have made my fellow scouts' and leaders' time with me enjoyable. On my way to Eagle, I not only have learned planning, organizing and leadership ability and have also helped my community thrive. For community service activities, I have repaired trails within the San Fernando and Santa Clarita valleys; helped with disaster preparedness training; supported cancer events; and worked in the food pantry to help the needy. My years as a scout have prepared me for adult life.

I am also actively involved in sports. Until the end of 7th grade, I played basketball for Aim High. The coach of Aim High was a former NBA point guard and current TNT commentator, Kenny Smith. Then I started running. In the start of 8th grade, my teammates and I won the national championship in Virginia Beach.

Alternative Requirements

- If you have a permanent physical or mental disability, you may become an Eagle Scout by qualifying for as many required merit badges as you can and qualifying for alternative merit badges for the rest. If you seek to become an Eagle Scout under this procedure, you must submit a [special application](#) to your local council service center. Your application must be approved by your council advancement committee **before you can work on alternative merit badges**.
- The Alternate requirements are also listed in more detail under [Eagle Scout Rank - Alternate Requirements](#) in the current *Boy Scout Requirements* book. (No. 33215).